

## PARO COLLEGE OF EDUCATION

## MENU FOR STUDENTS

15/9/23

Days	Break Fast	Lunch	Dinner
Monday	Fried rice Fried Chana Cabbage Ezey Suja	White Rice (SK gold) Mixed Vegetable Datse Dal	White Rice (SK gold) Mixed Vegetable Dal
Tuesday	Fried rice Chilli powder, tomato, omiom fried Ezey Tea	White Rice Beef/chicken/pork Ema datse/Mushroom/ Kewadatse with fin Dal	White Rice Mixed vegetable Dal
Wednesday	Fried Rice Cabbage fried Ezay Suja	White Rice Boiled Egg Vegetable Datse Dal	White Rice Mixed veg with Neutralla Dal
Thursday	Fried Rice Green Chilli with Local Cheese Ezay Tea	White Rice Vegetable Dhatse Dal/Bjaju	White rice Mixed vegetable Dal
Friday	Fried Rice Cabbage fried Ezay Suja	White Rice Beef/chicken/pork Ema datse/Mushroom/ Kewadatse with fin Dal	White Rice Mixed vegetable with Neutralla Dal
Saturday	Fried Rice Chilli powder, tomato, onion fried Ezey Tea	White Rice Mixed vegetable Dates Dal	White Rice Mixed Vegetable Dal
Sunday	Fried Rice Cabbage Ezay Tea	White Rice Neutralla with potato curry Dal	White Rice Mixed Vegetable Dal

## Note:

1. Curd will serve once a week base on availability in the market.
2. Seasonal fruit will serve once a week base on availability in the market.
3. Seasonal vegetables.

*navan*  
DSA

*Miss*  
Mess In-charge

*15/9/2023*  
CC